



## Essential information for the Year 5 Residential Visit to High Ashurst

**17<sup>th</sup> to 19<sup>th</sup> November 2021**

### The Venue

High Ashurst is an outdoor education centre, situated at Box Hill near Dorking. It is run by Surrey Outdoor Learning and Development (SOLD). For more information about the Centre please click on this link: <https://www.surreyoutdoorlearning.uk/facilities/high-ashurst>

### Insurance

The school is covered through an insurance policy with Surrey County Council.

### Departure

Pupils should arrive at school at the normal time, with their luggage, for registration. We will leave for High Ashurst, via 4 SOLD Minibuses at 10am. Depending on final numbers, some children may travel to High Ashurst via staff car. If this is the arrangement for your child, we will discuss and agree this with you beforehand. Pupils should be dressed warmly and should have with them a waterproof coat, hat and gloves. They will also need a packed lunch, which should be in disposable packaging.

### Staff

The activities are led by trained outdoor instructors employed by SOLD. 8 Teachers and TA's from Oakfield will be in attendance during the residential, and the trip leader is James Treen.

### The Activities

On arrival at High Ashurst the Oakfield staff will lead pupils on a short hike to Headley Heath. This activity will be risk assessed by Oakfield. The SOLD planned activities include climbing, ropes, a night walk, target archery, a woodland skills course, and a challenge course. These activities may be subject to change. All these activities are risk assessed by SOLD, and copies of the risk assessment for each activity can be found on the SOLD website.

### Accommodation

Accommodation is within cabins of up to 6 rooms. Each room has bunk beds and pull-out beds, sleeping up to 6. Boys and girls will be in separate rooms. All bedding, with duvets, is provided. Children will be allocated to rooms in their friendship groupings as far as possible. Children will be supervised by staff, and will not be left unattended in cabins.

### Meals

Your child should have a packed lunch with them for the first day, in disposable packaging. All other meals are provided by the in house catering team, from dinner on the evening we arrive to lunch on the day of departure. If your child has any special dietary requirements, including vegetarian, food allergies, kosher, etc please ensure you provide full details of these on the enclosed form. The centre catering team can cater for all dietary requirements.

### Valuables

Watches are brought at your own risk. No jewellery should be worn. **No** mobile devices such as ipads, tablets, phones etc should be brought on the trip.

### Luggage

Clothes should be packed in one lightweight bag. Each child should take plenty of warm, old clothing, including hats and gloves as a considerable amount of time is going to be spent in the open air, whatever the weather! It is essential to have a second pair of trainers or walking boots in case the first get wet. Please ensure that all clothes and possessions are clearly named. Children will also need a small day bag / rucksack. A kit list is attached to help the packing process. Please pack with your child so that they know what they have (and can then know what to bring home!).

### Medicines

If your child will need any medication while they are away (including non-prescription medications) please complete a **Pupil Medication form**, available from the school office. Please hand this form with the medicine to Julie Gumbrell or Emma Smith on the morning of Wednesday 17<sup>th</sup> November. Any medication must be clearly labelled with the child's name, type of medication, frequency and size of dosage.

### Inhalers

If your child is registered with us as having asthma, they **MUST** bring an inhaler with them.

**Reliever inhalers** should be carried by the pupils, so they have immediate access to use them as required.

If your child will need a **preventer inhaler** this should be passed to Julie Gumbrell or Emma Smith along with a completed medication form on the morning of 17<sup>th</sup> November.

### COVID protection measures

If your child or anyone in the household starts experiencing COVID symptoms prior to this visit, please ensure PCR tests are taken as soon as possible. Pupils displaying COVID symptoms cannot attend High Ashurst until a negative PCR test result has been confirmed. Parents are strongly encouraged to carry out a Lateral Flow test with their child the evening before this residential. Please refer to the attached Covid 19 statement from SOLD. You can also check [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus) for the latest public health guidance.

### Communication

Please do not telephone High Ashurst except in an emergency. The school text service will be used to notify you of any emergency. Prior to the trip you will be given a phone number to use to contact a member of Oakfield staff at High Ashurst in case of emergencies.

### Return

**Please collect your child from High Ashurst on Friday between 1.15 and 1.30pm.** It would be helpful to arrange lift shares where possible, to avoid congestion at High Ashurst. If you are collecting any additional children, or have arranged for another parent to collect your child, please ensure you have indicated this on the attached form.

Please allow plenty of time for pick up as the roads around the approach to High Ashurst are slow, single track, with passing places. There is a one-way system in place, to enter the site via Ashurst Drive and exit via Headley Lane. The post code for SatNav is RH5 6DQ.

### Parents Meeting

A parent Meeting has been arranged for **Thursday 4<sup>th</sup> November at 3.20pm**. This will take place in 5MG classroom. This is an opportunity to tell you more about the planned visit, and answer any questions you may have.