

## As a Parent/Carer, how can I help?

By informing the class teacher if there are any issues that may be affecting your child.

Please feel welcome to contact your child's Teacher, the ELSA or the SENCo if you have any questions.

The ELSA in our school is

Mrs Urry.

At Oakfield we want all children to demonstrate the five 'C's:

Caring  
Confidence  
Cooperation  
Curiosity  
Courage

Please feel free to contact me for further information or with any questions you may have.

I would be happy to hear from you.

Mrs Urry

## What is an ELSA?

Emotional

Literacy

Support

Assistant

An ELSA is a specialist Teaching Assistant who works with children who are showing a range of emotional or social difficulties – for example, anxiety, shyness, low self-confidence, sadness, angry feelings or friendship problems.



## What is emotional literacy?

- Understanding and coping with feelings of ourselves and others
- Developing self-esteem and positive interactions with others
- Being emotionally literate helps children focus better on their learning



## What is an ELSA?

Some of the areas the ELSA may work on:

- Recognising emotions
- Self-esteem
- Social interaction
- Friendship Skills
- Developing independence
- Anger management
- Loss and bereavement

All children should be nurtured in accordance with their individual needs. There will always be children and young people in schools facing life challenges that detract from their ability to engage with learning, and some will require greater support to increase their emotional literacy than others.

## How does the ELSA work?

Your child will receive support during the school week. This may be in the classroom, or, where appropriate in a group or individually. A regular 'slot' during the week would last about 20 minutes.

Support will be tailored for the child's individual needs.

Sessions are designed to be fun and might include activities such as role-play, board games, art and crafts, etc.

Time will be available for the child to talk and to discuss any concerns that they may have.

A pupil's progress will be carefully reviewed.